

# A Day In Our Home

## Daily Schedule

Arrival window: 7:00 a.m. – 11:00 a.m.

Time	Activity
7:00 a.m. – 8:00 a.m.	T.V. time
8:00 a.m. – 8:30 a.m.	Breakfast
8:30 a.m. – 9:30 a.m.	Free play
9:30 a.m. – 10:30 a.m.	Learning time / Arts & Crafts
10:30 a.m. – 11:30 a.m.	Outside play (if weather permits)
11:30 a.m. – 12:15 p.m.	Clean up & have lunch
12:15 p.m. – 12:30 p.m.	Get everyone ready for nap
12:30 p.m. – 2:30 p.m.	Nap time / Quiet time
2:30 p.m. – 3:00 p.m.	Afternoon snack
3:00 p.m. – 4:00 p.m.	Outside play (if weather permits)
4:00 p.m. – 6:00 p.m.	Inside time — watch a movie & prepare to go home

### Please Note

- ★ This schedule is subject to change based on extreme temperatures or weather conditions.
- ★ Please always send shoes for your child. Also, make sure to send a coat when it's chilly outside.
- ★ Please make sure you are signing your child in & out to keep in accordance with state regulations.

### Acknowledgment

Parent's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Provider's Signature: \_\_\_\_\_

Date: \_\_\_\_\_